SH'ZEN

JANUARY 2026

✤ Offers valid until 31 January 2026 or while stocks last.

Neighbouring countries add 20% to prices.



SHZEN.CO.ZA

SCAN ME

BEGIN 2026 WITH **BEAUTIFUL SKIN**



YOUNGER SKIN IN 2026
with PHYTOEXQUISITES™

CLEANSE 1

The **Cleansing Cream** (125ml) removes impurities and revitalises the skin, leaving it nourished and soft.



ONLY R349 SAVE R80

★★★★★

"Not only does it remove all impurities and make-up, it nourishes and hydrates my skin. It's my 3-in-1 product I can't go without." – Carmen

DID YOU KNOW?

Cleansing twice a day is the first step to beautiful, healthy skin. **In the morning, it clears away stale skin acids** and oil from the night before, eliminating impurities and allowing skin to breathe.

2



TONE

The **Floral Hydrating Mist** (125ml) is infused with youth-boosting essential oils to help tone, hydrate and soften skin – in an instant.

ONLY R259 SAVE R86

3

★★★★★

"This really helps reduce my eye puffiness and dark circles. A little bit goes a long way with maximum results!" – Mel



FIRM

The **Eye Rejuvenator** (15ml) will help to neutralise dark circles, reduce puffiness, firm skin and minimise fine lines.

ONLY R289 SAVE R120

ANY 2 PRODUCTS FEATURED ON PAGE 2, 3 AND 5 **FOR ONLY R559**

THE FUTURE *Face*

The 100% natural, anti-ageing **PhytoExquisites™ Facial Essence** *(30ml) melts effortlessly into the skin.*

Offer deep hydration with **APRICOT**

Minimise the appearance of fine lines with **BLACKCURRANT AND BOABAB**

Oxygenate and revitalise skin with **ROSE, NEROLI AND JASMINE**







ONLY R419 SAVE R146

★★★★★

"I am a total 'smell' junkie, so before I even applied this oil I was already in love! It absorbed easily and left my skin looking fresh and dewy all day." – Cathi Trevor, Beauty Editor

ROUND-THE-CLOCK *Radiance*

Our **PhytoExquisites™** *best sellers deliver radiant, younger-looking skin around the clock.*



BESTSELLERS!



ONLY R359 SAVE R120

BOTH FOR R559 SAVE R399

ONLY R359 SAVE R120

Maintain a youthful radiance with the **Day Cream SPF 30** (50ml).

- **Pearl Extracts** re-energise the skin and enhance its texture and appearance.
- **Floral Waters** provide long-term hydration.
- **SPF 30** protects against harmful effects of the sun.

Repair skin while you sleep with the **Renewing Night Cream** (50ml).

- **Rosehip, Blackcurrant** and **Baobab Oils,** with their high **Omega-3 and Omega-6** content, replenish and feed skin to enhance its elasticity and suppleness.

SKINCARE SCIENCE

Get even with pigmentation and see an immediate improvement in your skin with these fast-acting products.



FOR A 'GLASS SKIN' LOOK, use the Regenerating Enzyme Gel and Skin Tone Corrector together to resurface, renew, and lighten the skin.

ONE OF EACH
(SKIN TONE CORRECTOR + REGENERATING ENZYME GEL)
FOR R579
SAVE R489

DEEP EXFOLIATION



ONLY R349 SAVE R130

The **PhytoExquisites™ Regenerating Enzyme Gel** (50ml) will help promote lighter, brighter skin that glows with youthful radiance. Natural fruit enzymes exfoliate skin to improve texture and tone, while essential oils nourish and feed skin.

DAILY GLOW



ONLY R419 SAVE R170

The **Skin Tone Corrector** (30ml) contains a synergy of Sophora Root and Kiwi Fruit extracts that has been clinically proven to specifically target dark spots and uneven skin tone.

RELAUNCH

CORRECT FROM WITHIN



1 FOR R299 SAVE R110
2 FOR R419 SAVE R399

The **Skin Tone Pigment Corrector Vegicaps** (30) promote clear, radiant, and even-toned skin. A blend of Pine Bark, Lycopene, and Olive Leaf with essential vitamins supports balanced melanin, protects against stressors, and helps reduce pigmentation and blemishes.

Vitamin C HERO!

ONLY R315 SAVE R184



SQUALANE helps protect skin from toxins and moisture loss.

VITAMIN C plays a key role in collagen synthesis. This super ingredient also helps to repair UV damage and diminish the appearance of age and sun spots.

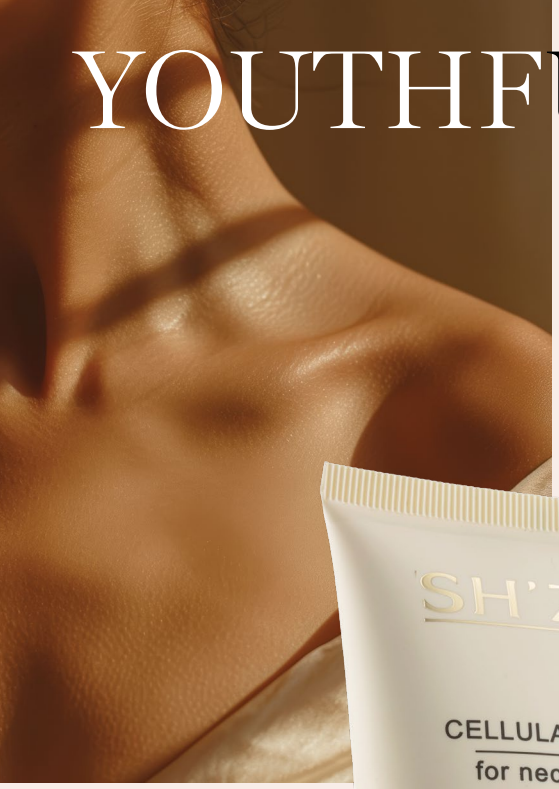
The fast absorbing **Vitamin C Booster** *(15ml) is formulated to help revive your complexion and brighten and firm skin.*

★★★★★

"Wow! This amazing product boosted my skin's moisture and reduced sun pigmentation on my face and hands. My skin looked younger in no time!" – Lyne

YOUTHFUL RITUALS FOR **NECK & BUST**

*** SELF EXAMINATION IS THE BEST PREVENTATIVE**



Our top selling **Cellular Boost for neck & bust** *(100ml) is a rich, nurturing massage cream formulated to help reverse time, improve elasticity and protect and rehydrate your décolletage*



TONE AND FIRM WITH PAMPLEMOUSSE OILS

REPAIR AND REJUVENATE SKIN WITH MARULA OIL

IMPROVE SKIN ELASTICITY WITH SHEA BUTTER

1 FOR R249
SAVE R100

2 FOR R389
SAVE R309



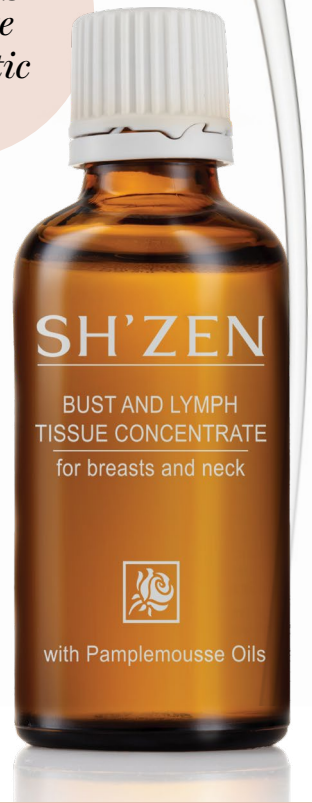
every day *selfcare*

The **Bust and Lymph Tissue Concentrate** (50ml) is a 100% natural formulation with Pamplemousse Oils that give skin intense, anti-ageing rehydration and works as a firming night-time treatment.

7+ ACTIVES promote lymphatic health

ONLY R239
SAVE R60

BOTH (ONE OF EACH) **FOR R379**
SAVE R269







"When cysts developed in my breasts I decided to add this concentrate to my daily routine. The cysts drained naturally and I have no more pain and discomfort in my breasts."
– Lorna Burger

SUMMER *healer* SKIN

The **Rehydrating Bath** *(125ml) transforms dry, sun-stressed skin, leaving it feeling irresistibly soft, smooth and silky.*



ONE OF EACH
(REHYDRATING BATH AND NATURAL TISSUE OIL)
FOR R429
SAVE R225



A BLEND OF PREMIUM WAXES ensures smooth application

CALENDULA soothes and heals with anti-inflammatory benefits

SHEA BUTTER nourishes and softens with Vitamin E

SWEET ALMOND OIL deeply conditions, protecting and hydrating skin

1 FOR R259
SAVE R46
2 FOR R379
SAVE R231

★★★★★
"My skin is prone to eczema and psoriasis but this product works wonders. I recommend it to everyone with dry skin!" – Renee

★★★★★
"This is food for my skin! It leaves it in such good condition. Everyone should try it!" – Denise

Tissue OIL

Get glowing, beautiful summer skin with the moisturising **Natural Tissue Oil** *(100ml).*

CARROT OIL softens, smooths, and rejuvenates skin.

CALENDULA OIL heals, soothes, and softens, ideal for itchy skin and wounds.

ARNICA reduces inflammation, pain, and swelling; also calms and supports emotional wellbeing.

KEY INGREDIENT
VITAMIN E
is a powerful antioxidant that heals, repairs and protects skin.

ONLY R269
SAVE R80



PERFECT FOR BOTH **MEN AND WOMEN**

SCALP SAVIOURS

Say goodbye to dull, greasy locks with our **Clear Scalp** *range. It prevents the build-up of dandruff and promotes healthy, glossy hair.*

ONLY R219 SAVE R50

Restore shine with our **Clear Scalp Clarifying Shampoo** (200ml), **Recovery Mask** (125ml) and **Clear Scalp Tonic** (50ml).

ONLY R219 SAVE R50

ONLY R249 SAVE R40

- WILD THYME and MAIDENHAIR FERN are both antibacterial agents that help to clear away dandruff.
- PEPPERMINT cools the scalp and regulates oil production.
- LAVENDER soothes and calms a dry, itchy scalp.
- LEMON is a natural astringent and promotes shine.
- LEMONGRASS brightens hair and rebalances an oily scalp.



★★★★★

"This range keeps my hair clean, glossy and full of life. And the zesty, energising fragrance is so uplifting." – Caro

ANY 2 CLEAR SCALP PRODUCTS **FOR R319**



DAILY BOOST FOR VIBRANT HAIR

Support stronger, thicker hair, reduce breakage and split ends, and enhance natural shine and softness.



The **Daily Omegas** (30 softgels) deliver essential nutrients and healthy fats to the scalp, supporting stronger, healthier hair from the root. Their anti-inflammatory properties help reduce follicle inflammation, often linked to hair thinning and stress-related shedding.

★★★★★

"My hair has never felt healthier! Fuller, shinier, and so much stronger — I'm loving the results." – Kym

1 FOR R259 SAVE R90
2 FOR R419 SAVE R279

MIX AND MATCH! **ANY 2** SUPPLEMENTS FEATURED (EXCLUDING THE SUPER FAT BURNER) **FOR R419**

5 MINUTES TO *Beautiful* HANDS

The **Spa Manicure for Hands and Nails** *(250g) is the ideal first step in any manicure. In just five minutes, it revitalises skin, brightens nails, and softens cuticles.*



- **GRAPEFRUIT, ORANGE AND LEMON ESSENTIAL OILS** are known for their natural antibacterial properties and impart a zesty citrus fragrance with a wonderfully relaxing effect.
- **VITAMIN C** is a powerful natural antioxidant.
- **OXYGEN RELEASING AGENTS** soften hard skin and prepare hands for further treatments.

1 FOR R239 SAVE R60 **2 FOR R359** SAVE R239

SANDAL-READY *Feet*

Follow our quick two-step routine and get smooth, beautiful summer feet in no time at all.



R239

1

The **Scrub Stone** will help remove the build-up of thick, dead skin from the heels and soles of your feet.

★★★★★

"I'm no longer embarrassed to wear sandals in summer. This has cured my cracked heels and given me feet to be proud of." – Jenny

2

Follow with the **Overnight Balm** (125ml) – it provides intense nourishment and helps to heal rough and unattractive heels.



R305

BOTH FOR R359
SAVE R185

5-in-1 FOOT SPA

★★★★★

"I always have the **Spa Additive for feet** *(250g) in my home to disinfect cuts and to soak and soften my feet so they can be sandal ready and beautiful for summer." – Shihaam*

ONLY R239
SAVE R60



- **OXYGEN-RELEASING AGENTS** help to soften skin and prepare it for further treatments.
- **WITCH HAZEL** helps to tone skin and soothes inflammation.
- **TEA TREE** & **NIAOULI** have antifungal and antibacterial properties.

REFRESHES | DEODORISES | SOOTHES | SOFTENS | PROTECTS

SUMMER MUST-HAVE!

Cool REVIVAL

"Great for hot, sweaty summer feet – I cannot live without the **Cooling Spritzer** *(100ml). It has an instant ice-cooling effect!" – Ruwayda*

MENTHOL INVIGORATES

PEPPERMINT COOLS AND REFRESHES

TEA TREE CLEANS AND PROTECTS

WITCH HAZEL ELIMINATES ODOURS



ONLY R249
SAVE R46

ANY 2 FOOT PRODUCTS FEATURED ON PAGES 15, 16 AND 17 **FOR ONLY R359**

NEW *year* NEW YOU!







The bestselling **Super Fat Burner Vegicaps** (60) help to boost metabolism, curb appetite, and burn fat with Green Coffee, Green Tea, Red Pepper, Raspberry Ketones, Garcinia Cambogia, Olive Leaf, and Caffeine.

1 FOR R299
SAVE R120
2 FOR R469
SAVE R369

The **Cellulite Contour Gel** (125ml) helps to tone and firm arms, thighs, and stomach with its essential oil blend that boosts circulation, reduces fluid retention, and smooths cellulite.



1 FOR R249 SAVE R96
2 FOR R389 SAVE R301

"I've lost 25.5kg in five months. I would strongly recommend these to anyone who needs to lose weight in an easy, simple way." – Faseela

ONLY R209
SAVE R80

The **Sh'Zen Cell-U-Lite Sculpting Cup** uses the French 'palpate and roll' technique to target cellulite on the stomach, thighs, and arms, enhancing firmness, elasticity, and lymphatic drainage when paired with Sh'Zen Deep Tissue Anti-Cellulite Concentrate.

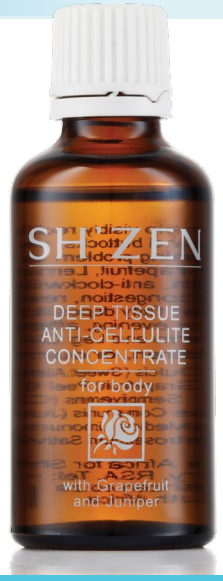
Polish, smooth, and sculpt with **Sh'Zen Cellulite Scrub** (150ml). Exfoliating sea salt and sugar crystals energise skin, while Avocado, Almond, and Soybean nourish. Detoxifying oils boost circulation, tone, and texture.



1 FOR R209
SAVE R136
2 FOR R299
SAVE R391

The 100% natural **Deep Tissue Anti-Cellulite Concentrate** (50ml) targets thighs, buttocks, and stomach with essential oils to boost circulation, reduce water retention, and smooth, firm, and visibly reduce cellulite.

ONLY R239
SAVE R60





The **10-Day Detox and Gut Repair Vegicaps** (30) help cleanse the gut and support the liver, improving their efficiency to aid weight loss and strengthen the immune system.

CELL-U-LITE SCULPTING CUP + DEEP TISSUE ANTI-CELLULITE CONCENTRATE
FOR R389
SAVE R199

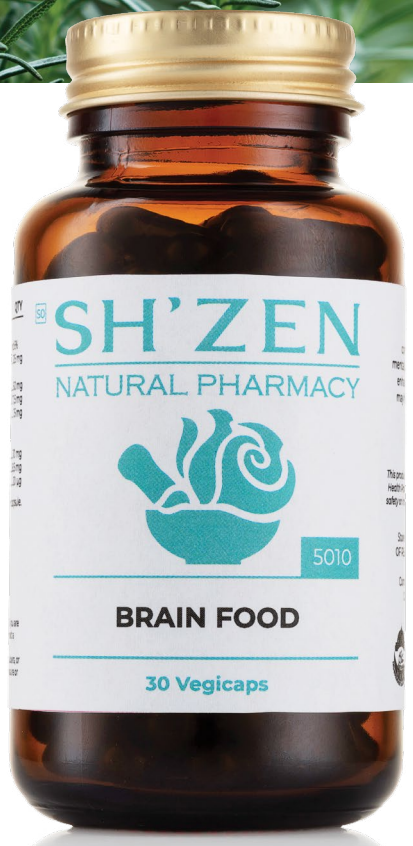
1 FOR R269 SAVE R80
2 FOR R419 SAVE R279

MEMORY BOOSTERS

In the office, and at school, getting a mental edge is essential. Sh'Zen offers two products that naturally help enhance cognitive function.

Our **Brain Food Vegicaps** (30) help to improve memory, concentration and focus – naturally. They contain Ginkgo Biloba, Lecithin and Vitamin B to give the brain all the nutrients it needs to function at its best.

1 FOR R269
SAVE R80
2 FOR R419
SAVE R279





The 100% natural **Study Aid AromaMemory Oil** (10ml) uses scent to stimulate recall and enhance mental clarity. Lemon brings clarity of thought and combats mental fatigue, while Rosemary invigorates the mind and helps us to cope with overwork and exhaustion.

1 FOR R159
SAVE R40
2 FOR R229
SAVE R169

BOTH FOR R329 SAVE R219

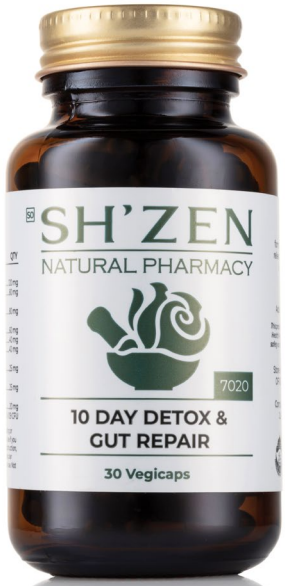
GUT HEALTH

Support your gut health with these three essential products designed to cleanse, balance, and nourish your digestive system.



10 DAY DETOX & GUT REPAIR (30 Vegicaps)

Support gut and liver health to enhance overall energy, immunity, and wellbeing.



1 FOR R269
SAVE R80
2 FOR R419
SAVE R279

COLON CLEANSE (60 Vegicaps)

Support intestinal health to ease bloating, relieve constipation and IBS symptoms, and help you feel more comfortable.



1 FOR R269 SAVE R130
2 FOR R419 SAVE R379

DIGESTIVE AID MASSAGE CONCENTRATE (50ml)

A 100% natural blend of 10 essential oils to support healthy digestion. Massage onto your stomach to help cleanse, regulate, and ease discomfort.



ONLY R239
SAVE R60

MIX AND MATCH! **ANY 2 SUPPLEMENTS** FEATURED (EXCLUDING THE SUPER FAT BURNER VEGICAPS) **FOR R419**



MOVE FREELY

SUPPORT YOUR JOINTS AND MUSCLES

WITH OUR TARGETED PRODUCTS



Our **Joint Therapy Concentrate** (50ml) contains a powerhouse of essential oils that deliver benefits directly to the site of pain.

- **ARNICA** helps to reduce swelling, ease pain and reduce stiffness.
- **GINGER** helps to reduce pain and ease stiffness.
- **FRANKINCENSE** calms the mind and relieves pain associated stress.

ONLY R239 SAVE R60



The **Joint Support Tablets** (60) help to treat joint pain from within by providing the body with the nutritional help it needs to speed up healing.

- **CURCUMIN** has strong anti-inflammatory benefits.
- **MSM** helps the body to form new joint and muscle tissue and helps to lessen swelling and stiffness.

"At first I found it so difficult to stand up because of my stiff joints. After taking these vegicaps I am now able to go places, move easily and stand up without pain."
– Katharyn

1 FOR R269 SAVE R130
2 FOR R419 SAVE R379

ONE OF EACH (JOINT SUPPORT VEGICAPS AND JOINT THERAPY MASSAGE CONCENTRATE) **FOR R409** SAVE R289

TARGETED MUSCLE RELIEF



1 FOR R249 SAVE R50
2 FOR R399 SAVE R199

MUSCLE RECOVERY

The **Muscle Recovery Gel** (125ml) is formulated to help muscles recover after exercise. Massage it in to relieve stiffness and tension in tender, inflamed, sprained, muscles.

"My husband had an injury and felt he wouldn't be able to do a race, but after applying this gel he said his legs felt so much better. I've been using it and I can feel a difference too!"
– Cheryl

OVERALL WELLBEING

The **Multivitamin 50+ Tablets** (30) are specially formulated for adults 50+, featuring Calcium, Vitamin C, and Ginkgo Biloba to support health and wellbeing.



1 FOR R259 SAVE R90
2 FOR R419 SAVE R279



1 FOR R259 SAVE R90
2 FOR R419 SAVE R279

REDUCE INFLAMMATION

The **Daily Omegas Softgels** (30) contain essential fatty acids to help support heart health, balance hormones, reduce inflammation and ease stress.

Best Start TO YOUR DAY

Loved by both men and women, these cleansing gels **refresh, rebalance, and revitalise** the senses.



The **Harmonising Cleansing Gel** (200ml) contains Rose Geranium to lift the spirits and balance the hormonal system and Lavender to soothe and relieve nervous tension.

The **Spa Additive Sportswash** (200ml) delivers an energising wash that's the perfect pick-me-up after a good workout. Perfect for both men and women.

ANY 1 FOR R189
SAVE R80

ANY 2 FOR R309
SAVE R229

CONSULTANT NAME: _____

PHONE / EMAIL: _____

FULL PRICELIST, EASY ORDER FORM & DISCLAIMER

SCAN ME

021 704 2940 | www.shzen.co.za | hello@shzen.co.za | @shzensa